



How can I talk to my child about love and sexuality?

My husband has a drinking problem. What can I do about it?

How can I stop smoking?

My son spends all his time playing video games. What can I do about it?

...

## Do you have any questions? Do you need any help?

We're here to help you.

Always close by - confidential, competent and free of charge.

We can call in an intercultural interpreter if you need one.



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